

TOP 4 WAYS TO AVOID ZOOM FATIGUE

ASYNC VIDEO BRAINSTORMS



Brainstorms don't have to happen in real time — let your team think and respond at their own convenience. This style of brainstorming respects others time and helps prevent the pitfalls of group think.

ASYNC VIDEO MEETING

Instead of taking up additional synchronous time, use async video to give meeting recaps or updates to your team about other happenings around the org. Make meetings shorter and give back some deep work time to your team.



ASYNC GROUP BONDING



A lot of companies are trying to build culture with happy hour calls, but the reality is that no one wants to spend more time on Zoom. Video has the power to connect, but asynchronous video messages work just as well at bringing your team together!

FEWER VIDEO CALLS

Another, perhaps obvious, way to avoid zoom fatigue is to simply organize fewer meetings. Take an in-depth look at your weekly call cadence, and ask yourself what calls might be shortened or cut altogether.



Fight Zoom fatigue, try Voodle today!